

To create a caricature from a photo on ChatGPT, you can follow the steps of the viral "me and my job" trend or use specific descriptive prompts to guide the AI's image generator.

### 1. Option 1: The "Me and My Job" Trend Method

This is the most popular way to quickly generate a personalized caricature.



- Open ChatGPT: Log in to the ChatGPT website or mobile app.
- Upload Your Photo: Click the Attach or + button in the chat box to upload a clear, high-quality head-and-shoulders photo of yourself.
- Enter the Viral Prompt: Type: "Create a caricature of me and my job based on everything you know about me".

Note: If you are a frequent user, ChatGPT will use your chat history to add relevant hobbies or professional details. If you are new, it may ask you for a few details first.

- Refine: If the first result isn't quite right, you can ask for specific changes like "make my head bigger" or "change the background to a beach". **TIP:** *Perhaps review the resulting image provided and create a list of things you want adding or removing from your caricature so that you reduce the number of prompts you submit.*

### 2. Option 2: Using Specific Style Prompts

If you want a particular artistic look, upload your photo and use one of these targeted prompts:

- Classic Hand-Drawn: "Turn this photo into a hand-drawn caricature similar to what you would get at a theme park in the 1990s".
- Satirical Style: "Make me a Mad Magazine-style cartoon caricature".
- Retro Animation: "Turn this into a rubber hose animation character from the 1930s".
- Exaggerated Features: "Create a caricature from this photo with a small head, very large body, and vibrant colors".

### Key Tips for Best Results

- Photo Quality: Use a close-up selfie with good lighting and a neutral expression. Group shots or blurry images often lead to distorted results.
- Usage Limits: Free users typically have a limit (around 5 images per day), while Plus subscribers have higher limits and faster generation.
- Direct Access: In the ChatGPT mobile app, you can sometimes find a "Caricature Trend" shortcut by hitting the menu in the top left and selecting "Images".